



SARDAR PATEL UNIVERSITY
Vallabh Vidyanagar, Gujarat
(Reaccredited with 'A' Grade by NAAC (CGPA 3.25)
Syllabus with effect from the Academic Year 2021-2022

(Master of Arts) (Sanskrit)
(M.A.) (Sanskrit) Semester (I)

Course Code	PA01ESAN51	Title of the Course	Itihasa-Purana: Ramayana of Valmiki (Ayodhyakanda, Sarga-1-49)
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">(1) To explain comprehensive view on Ramakatha with historical development.(2) To introduce and explain different Ramayana.(3) To appreciate and apprise Ramayana as an epic including salient features of epic.(4) To describe and discuss the society of Ramayan-period with references from Ramayana.(5) To translate and explain Ayodhyakanda (sarga 1-49) of Valmiki Ramayana.(6) To acquaint with the poetic sense of Valmiki with special reference to Ayodhyakand, sarga 1-25.(7) To develop skill of essay writing based on Valmiki Ramayana in general and Ayodhyakand, sarga 26-49.(8) To appreciate the poetic talent of Valmiki with aesthetic sense.
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Course Content		
Unit	Description	Weightage* (%)
1.	Itihasa Traditions of Ramakathas Different Ramayanas (parichaya) Ramayana as a Mahakavya Society in Valmiki Ramayana Critical edition of Valmiki Ramayana	25%
2.	Ramayana of Valmiki (Ayodhyakanda, Sarga- 1-49) Translation with Explanation	25%
3.	Ramayana of Valmiki (Ayodhyakanda, Sarga- 01-25) Short Notes and General Questions on Subject matter	25%
4.	Ramayana of Valmiki (Ayodhyakanda, Sarga- 26-49) Short Notes and General Questions on Subject matter	25%



Teaching-Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Explain and discuss the transitions of Ramakatha.
2.	Describe the importance of Ramayana as an epic of the great Indian culture.
3.	Appreciate the poetic talent of Valmiki.
4.	Translate and elaborate the text of Ayodhyakanda, Sarga 1-49.
5.	Elaborate and explain Ayodhya-kand 1 to 25 and 26 to 49.
6.	Develop skill of writing an essay on Valmiki Ramayana or comprehensive short note on Valmiki Ramayana.

Suggested References:	
Sr. No.	References
1.	Valmiki Ramayana (Critical Edition), Oriental Institute, Baroda
2.	Studies in Epics and Puranas in India - A D Pushalkar
3.	Sanskrit Ram Katha - Fathar Kamil Bulke
4.	Ram Katha - C N Patel



On-line resources to be used if available as reference material

On-line Resources

Relevant entries in Wikipedia (<https://www.wikipedia.org/>) and Encyclopaedia Britannica (<https://www.britannica.com/>)

Relevant books available on archive.org

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(Master of Arts) (Sanskrit)
(M.A.) (Sanskrit) Semester (I)

Course Code	PA01ESAN53	Title of the Course	Mahakavya: Kiratarjuniyam of Bharavi (Sarga-1) & Shishupalavadham of Magha (Sarga-1)
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">(1) To introduce and explain origin and development of mahakavya in Sanskrit literature.(2) To introduce and illustrate characteristics of mahakavya.(3) To elaborate and explain bruhatrayi mahakavya.(4) To introduce and explain epics of pandita period with historical view.(5) Introduce and explain life and works of Bharavi.(6) To introduce an epic Kiratarjuniyam.(7) To explain with illustrations the works Bharavi with reference to bharave-ratha-gauravam.(8) To evaluate the form of epic Kiratarjuniyam.(9) To provide aesthetic view of mahakavya of Bharavi and Magha with special reference to Maghe Santi Trayo Gunaha.(10) To compare poetic style of Bharavi and Magha with illustrations.(11) To translate and elaborate epic Kiratarjuniyam of Bharavi and Shishupalavadham of Magha.(12) To identify poetic style of Bharavi and Magha with illustration.
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Course Content		
Unit	Description	Weightage* (%)
1.	Mahakavya : Origin and development, the form of Mahakavya, Characteristics of Mahakavya, Bruhatrayi Mahakavya, Pandit Yugana Mahakavyo, Title of (Mahakavyas) Kiratarjuniyam Life, Date & Works of Bharavi Bharave-rartha Gaurvam Characteristics of Mahakavya, Title of (Mahakavyas) Shishupalavadham,	



	Life, Date & Works of Mahga, Maghe santi trayo gunaha, Poetic style pertaining to the Subject matter (Kiratarjuniyam & Shishupalavadham)	
2.	Kiratarjuniyam of Bharavi (Sarga-1) & Shishupalavadham of Magha (Sarga-1) Translation & Reference to the context	
3.	Kiratarjuniyam of Bharavi (Sarga-1) General Questions, Short notes on the subject matter	
4.	Shishupalavadham of Magha (Sarga-1) General Questions, Short notes on the subject matter	

Teaching-Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Analyze the characteristics of mahakavya referring Bharavi and Magha.
2.	Explain and discuss the origin and development of mahakavya in Sanskrit literature.
3.	To explain the poetic style of Bharavi and Magha.
4.	Identify the characteristics of mahakavya with illustrations.
5.	Translate and interpret text of Kiratarjuniyam and Shishupalavadham.
6.	Compos an essay on Bharavi and Magha.
7.	Identify, evaluate and appreciate the works of Bharavi and Magha.





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(M.A.) (Sanskrit) Semester (I)

Course Code	PA01CSAN52	Title of the Course	Vyakarana: Siddhantakaumudi of Bhattojidikshita (Acha-Sandhi Prakaranam) & Paspashahnika of Patanjali Mahabhashya
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">(1) To acquaint learners about historical development of Sanskrit grammar with chronology.(2) To explain and discuss the main characteristics of Munitrayam.(3) To introduce and explain at length Siddhant kaumudi (Achcha-Sandhi) of Bhattojidikshita.(4) Explain and illustrate sutras with Roop-Prakriya of Sanskrit grammar.(5) To introduce and describe in detail the contribution of Patanjali perspectives of Paspashahnika.(6) To explain and discuss Muninamapramanyam.(7) To translate and explain Paspashahnika with special meanings.
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Course Content		
Unit	Description	Weightage* (%)
1.	History & Development of Sanskrit Grammar Munitrayam Introduction to Vaiyakarana-siddhanta-kaumudi The development of Prakriya-Granthas Life, Date & Works of Bhattojidikshita	25%
2.	Siddhantakaumudi of Bhattojidikshita (Acha-Sandhi Prakaranam) Explanation of Sutras & Rupa-prakriya and Examples	25%
3.	Paspashahnika of Patanjali-Mahabhashya Life, Date & Works of Patanjali, Contribution of Patanjali in Sanskrit Grammar, Yathottram muninam pramanyam,	25%
4.	Paspashahnika of Patanjali-Mahabhashya	25%



	Translation with explanation, Short notes on Subject-matter, General Questions	
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Teaching- Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.	
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Describe and discuss the developmental aspects of Sanskrit grammar.
2.	Explain and discuss the major contribution of Munitrayam in Sanskrit grammar.
3.	Interpret and explain Siddhantakaumudi (Achcha-Sandhi) with illustrations.
4.	Appreciate the contribution of Bhattojidikshita in Sanskrit grammar.
5.	Discuss and appraise the contribution of Patanjali in Sanskrit grammar.
6.	Translate the original text of Paspashahnika.
7.	Describe and discuss the importance of Prakriya Granthas.
8.	Prepare detailed note on grammatical aspects of Paspashahnika.

Suggested References:	
Sr. No.	References
1.	Vyakaran Shastra ka Itihas - Yudhishtir Mimamsak (Part 1-3)





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Course Code	PA01CSAN53	Title of the Course	Sahityashastra: Natyashastra of Bharata (Adyhaya 1, 2 & 6)
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">(1) To discuss and orient the learner about tradition of Natyashastra critically.(2) To describe in detail and explain the life and works of Bharatamuni.(3) To introduce post-Bharat Natyacharyas.(4) To explain and elaborate contribution of Bharata in Natyashastra.(5) Introduce and explain commentaries on Natyashastra.(6) To introduce and explain in detail the 'Rasasutra'.(7) To explain, discuss and critically appreciate Rasa-theory.(8) To translate and explain adhyaya-1, 2 & 6 of Bharat-Natyashastra.(9) To introduce the appropriate comprehensive view on the terminology of Natyashastra.(10) To introduce over all views of Adhyaya-1, 2 & 6 of Bharata Natyashastra. <p>To develop the skill of writing an essay on Natyashastra of Bharata with all its aspects.</p>
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Course Content		
Unit	Description	Weightage* (%)
1	Tradition of Natyashastra, Critical Edition, Bharata : Life, Date & Works, Authorship of Natyashastra, Post-Bharata Natyacharyas, Contribution of Bharata, Commentators of Natyashastra Commentaries of Rasasutra, Concept of Rasa theory	25%
2	Natyashastra (Adhyaya: 1, 2 & 6) Translation with explanation	25%
3	Natyashastra (Adhyaya : 1) General Questions, Short notes on the subject matter	25%



	Terminology	
4	Natyashastra (Adhyaya : 2 & 6) General Questions, Short notes on the subject matter Terminology	25%

Teaching- Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Describe and discuss the contribution of Bharata as a Pioneer scholar of Natyashastra.
2.	Describe and elaborate the contributions of post-Bharata Natyacharyas.
3.	Appraise the authorship of Bharat along with creative talent.
4.	Explain and discuss Rasa-theory and Sutras required important quotes from the Bharata Natyashastra.
5.	Clarify the concept of Natyashastra and Rasasutra.
6.	Translate and explain major concepts of Natyashastra.
7.	Translate and interpret the text of Natyashastra (Adhyaya 1, 2 & 6).
8.	Explain terminological words with special meanings as accepted by Natyashastra and Rasashastra.

Suggested References:



Sr. No.	References
1.	Natyashastra - Tapasvi Nandi
2.	Nagendrano rashvichar - Dr. Nagendra
3.	Chintamani - Ram Chandra Shukla
4.	History of Rupak in Alankarshastra - Vishwanath Bhatta
5.	History of Sanskrit Poetics - S K De
6.	Sanskrit Natakono Parichay - Tapasvi Nandi

On-line resources to be used if available as reference material

On-line Resources

Relevant entries in Wikipedia (<https://www.wikipedia.org/>) and Encyclopaedia Britannica (<https://www.britannica.com/>)

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Course Code	OR PA01ESAN52	Title of the Course	Itihasa-Purana: Mahabharata of Vedavyasa (Mokshadharmaparva, Selected Adhyayas) & Matsya Purana (Selected Adhyayas)
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">(1) To introduce and explain critical edition of Mahabharata.(2) To clarify the concept related to mahakavya.(3) To explain the overall importance of Mahabharata as an anthology of Indian life and culture.(4) To discuss the narrative talent of Vyasa.(5) To explain origin and development of Mahabharata.(6) To translate the text of Mahabharata with special reference to Moksha-dharmaparva, Adhyaya-168-180.(7) To develop the skill of writing essay on Mahabharata including organization of contents.(8) To introduce and illustrate five characteristics of Purana.(9) To introduce and explain characteristics of mahapurana.(10) To introduce and explain in detail Matsyapurana as mahapurana including its characteristics.(11) To illustrate and interpret matsyapurana with major thrust to Adhyaya- 177-186.
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Course Content		
Unit	Description	Weightage* (%)
1.	Itihasa: Critical Edition of Mahabharata Author Mahabharata as a Mahakavya Yanna Bharate tanna Bharate Vyaso chchhistam Jagat Sarvam Mahabharatasya kramah (Jaya-Bharata-Mahabharata)	25%
2.	Mahabharata Mokshadharmaparva	25%



	(Selected Adhyayas- 168 - 180) Translation with explanation, Short notes, General Questions on Subject matter	
3.	Purana: Introduction of Puranas Puranam panchalakshanam Characteristics of Mahapuranam Matsyapurana as a Mahapuranam	25%
4.	Matsya Puranam (Selected Adhyayas- 177 - 186) Translation with explanation, Short notes General Questions on Subject matter	25%

Teaching-Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Analyze and interpret the text of Mahabharata under study.
2.	Identify characteristics of purana.
3.	Identify characteristics of mahapurana as an epic of Indian tradition.
4.	Explain the importance of purana and mahapurana.
5.	Evaluate Mahabharata in terms of characteristics of an epic.
6.	Explain and discuss purana and mahapurana with specific references.
7.	And elaborate wires under study with translation.



Suggested References:

Sr. No.	References
1.	Puran Vimarsha - Upadhyay Baldev
2.	Puran Parichay - Mansukh Moliya
3.	Mahabharat - C V Vaidya
4.	Mahabharat - Pandit Satavlekar
5.	The Mahabharat - V S Sukthankar & S V Balvelkar
6.	Studies in Epics and Puranas in India - A D Pushalkar
7.	(Mahabharat) Shantiparva II & Concordance, Sukthankar, V.S., Belvalkar, S.K., Bhandarkar Oriental Research Institute, Poona, 1954
8.	Mahabharat, Shastri, V.M., Sastu Sahitya Vardhak Karyalay, Bombay, 1957
9.	Matsya Puranam, Chokshi, K.C., Saraswati Book Centre, Delhi, 2000
10.	The Matsyapuram text in devanagari translation & note in English, Nag Publishers, Delhi, 1997

On-line resources to be used if available as reference material

On-line Resources

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(Master of Arts) (Sanskrit)
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Course Code	OR PA01ESAN54	Title of the Course	Modern Sanskrit Poets (Selected)
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">(1) To introduce life and works of modern poet Abhirajrajendra.(2) To introduce in detail of some poems of Abhirajrajendra.(3) To introduce life and works of modern poet Satyavrata Shastri.(4) To introduce life and works of modern poet Radhavallabha Tripathi.(5) To introduce, explain and appreciate the contribution of modern poets of Sanskrit literature under study.(6) To introduce life and works of poet Ravindra Panda in modern Sanskrit literature under study.(7) To compare the literary talent of poets under study.
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Course Content		
Unit	Description	Weightage* (%)
1.	Abhirajrajendra Mishra Life, Date & Works	
2.	Satyavrat Shastri Life, Date & Works	
3.	Radhavallabh Tripathi Life, Date & Works	
4.	Ravindra Panda Life, Date & Works	

Teaching-Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Appreciate critically the modern Sanskrit poets under study.
2.	Evaluate the contribution of modern Sanskrit poets under study with an analyze view.
3.	Appraise the poetic talent of poets under study.
4.	Explain and discuss the architect of poem with illustrations.
5.	Explain the metaphors and related mythology of poems that prove modernity of the poets under study.
6.	Appreciate representative poems of selected four poets of modern Sanskrit literature viz. Abhirajendra, Satyavrata Shastri, Radhavallabha Tripathi and Ravindra Panda.
7.	Compare the poetic talent of four modern Sanskrit poets under study.

Suggested References:	
Sr. No.	References
1.	Arvachin Sanskrit Sahityo Itihas, Varnerkar, Shreedhar Bhaskar, Raval Anandraj J., Lele Vijya S., Prachyavidyamandir, Vadodara, 1992
2.	Sanskrit Kavyashastra ki Arvachin Parampara, Yadav Rajmanga, Pratibha Prakashan, Delhi, 2011
3.	Aadhunik Sanskrit Kavyashastra (Modern Sanskrit Poetics), Shrivastav Anandkumar, Eastern Book Linkers, Delhi, 2012
4.	Sanskrit Kavya Shastra aur Parampara, Pratibha Prakashan, New Delhi, 2004
5.	Sanskrit Sahitya ka Abhinav Itihasa, (2001, II Revised Edition, 2007), Vishvavidyalaya Parakashan, Varanasi



6.	Sanskrit Sahitya Vishvi Shatabdi, (1999), Rashtriya Sanskrit Sahsthan, New Delhi
7.	Sanskrit Sahitya Parichay, (1998). Pratibha Prakashan, New Delhi

On-line resources to be used if available as reference material

On-line Resources

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(Master of Arts) (Sanskrit)
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Course Code	PA01CSAN51	Title of the Course	Indian Philosophy: Shankarabhashya of Shankaracharya (Adhyaya-I, Selected Sutras) & Jain and Bauddha Darshana (of Sarvadarshanasangraha)
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">(1) To orient and acquaint a learner in deep about historical aspects of Indian philosophy and its development.(2) To explain and acquaint with Vedic and non Vedic darshanas along with adequate understanding.(3) Explain Advaita Vedanta with particular terminology.(4) To explain the original text of Brahmasutra with translation along with related commentaries by scholars.(5) To explain and illustrate Shankarabhashya with its philosophical principles.(6) Explain and illustrate Jain and Bauddha Darshan along with philosophical principles.
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Course Content		
Unit	Description	Weightage* (%)
1.	History of Indian Philosophy Development of Indian Philosophy Vaidic & Non-vaidic Darshanas Principles Jiva-Jagat-Ishvar (of Advaita Vedanta of Shankaracharya), Pancha-Khyati Life, Date & Works of Shankaracharya Commentators of Brahmasutra	25%
2.	Shankarabhashya of Shankaracharya (Adhyaya-I, Selected Sutras) Shankarabhashya (Selected Sutras) 1.1.1 to 5, 1.1.12 to 19, 1.1.22, 23, 1.1.28 to 31, 1.2.24 to 32, 1.3.8, 1.4.8, 10 Translation & Explanation with notes Explanation of sutras Subject matter	25%
3.	Jaina Darshana- (of Sarvadarshana-sangraha)	25%



	Philosophers-works-Principles	
4.	Bauddha Darshana (of Sarvadarshanasangraha) Philosophers-works-Principles	25%

Teaching-Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Explain and analyse the historical view of Indian philosophy with developmental aspects.
2.	Describe philosophical tenets of Advaita Vedanta of Shankara with Shankarabhashya with other commentaries.
3.	Explain principles and philosophical concepts of Jain Darshana.
4.	Explain principles and philosophical concepts of Bauddha Darshana.
5.	Critically appreciate and appraise philosophical concepts of Shankar Vedanta.
6.	Critically appreciate the principles and concepts of Jain Darshana with appropriate illustrations.
7.	Critically appreciate the principles and concepts of Bauddha Darshana with appropriate illustrations.

Suggested References:



Sr. No.	References
1.	Brahmasutrashankarbhasya - L. V. Joshi
2.	Bhartiya Darshan - Radhakrishnan
3.	Shaddarshan - Nagin Shah
4.	Bhartiya Darshan - C V Raval
5.	Sarva-darshan-sangrah - Umashankar Sharma Rushi
6.	History of Indian Philosophy - S N Das Gupta
7.	Vedant - Paul Dussen
8.	Lectures on Vedant - V S Ghate
9.	Darshan Manjari - Thanga Swami Shastri
10.	Bhartiya tatva-jnanani ruparekha - Indukalaben Zaveri

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(Master of Arts) (Sanskrit)
(M.A.) (Sanskrit) Semester (I)

Course Code	OR PA01ESAN55	Title of the Course	Life Enrichment
Total Credits of the Course	04+01	Hours per Week	04+01

Course Objectives:	<ol style="list-style-type: none">1. To inculcate in the students an Integral perspective of Life, Education and Health, and enable them to apply the same through a process of self-exploration in real life.2. To inculcate in the students a capability to understanding oneself and to provide opportunity for realising one's true potential and one's role in nation building.3. To introduce to the students the concepts of true spirituality as pronounced by Indian heritage and help them to incorporate dynamic spirituality in day to day living.
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Course Content		
Unit	Description	Weightage* (%)
1.	<p>Chapter 1: The Aim of Life 1.1 Science of Living: The Mother 1.2 This Bodily Appearance is Not All...: Sri Aurobindo</p> <p>Chapter 2: Self Development 2.1 Development of Personality: Swami Vivekananda 2.2 Powers of Mind: Swami Vivekananda 2.3 Faith, Devotion and Strength: Swami Vivekananda 2.4 Prayer: I The Core of Man's Life: M.K. Gandhi 2.5 Prayer: II-</p> <ul style="list-style-type: none">• Akhil Brahmandman: Narsinh Mehta• Where the mind is without fear: Rabindranath Tagore• Ek J Ratana Sundaram <p>Chapter 3 : Collective Growth and Development 3.1 A Call to the young India: Sri Aurobindo 3.2 Application of Spirituality in Life:Sri Aurobindo 3.3 Sri Aurobindo's Message: 15th August, 1947 Sri Aurobindo</p>	25%
2.	<p>Unit II: Integral Education Chapter 4: The Framework of Education</p>	25%





	<p>4.1 True and Living Education: Sri Aurobindo Chapter 5: The Basis and Method of Education 5.1 The Human Mind: Sri Aurobindo 5.2 Philosophy of Education: Swami Vivekananda 5.3 The Only Method of Education: Swami Vivekananda Chapter 6: True Education 6.1 Four Austerities and The Four Liberations: The Mother 6.2 Psychic and Spiritual Education: The Mother</p>	
3.	<p>Unit III: Integral Health Chapter 7: Health and Health Care 7.1 Health – A Dynamic Inner Equilibrium: Dr. Vandana Gupta 7.2 Dimensions of Health and Health Care:: Dr. Bhalendu S. Vaishnav 7.3 A Programme for Integral Health: Dr. Soumitra Basu 7.4 Human-Management — The Key to Social Health:Dr. Alok Pandey 7.5 Stress Management — A Different Approach: Dr. Alok Pandey 7.6 The Power of Worrying: Anonymous 7.7 The Silence that Goes Beyond Words: Dr. Elisabeth Kübler-Ross</p>	25%
4.	<p>Unit IV: Self Study Chapter 8: Towards An Enriched Life 8.1 Living Within: The Mother: 1. An Aimless Life is Always a Miserable Life 2. Success and Perfection 3. My Place in The Universe 4. Inner Peace 8.2 Growing Within 1. The Good Teacher and The Good Pupil: Prof. Kireet Joshi 2. Parrot’s Training: Prof. Kireet Joshi 8.3 The Sunlit Path 1. Right Attitude: The Mother 2. Have You Seen God?: Prof. Kireet Joshi 3. Ascent to The Truth: The Mother 8.4: Books for self-reading: <ul style="list-style-type: none">Life Beautiful by M.P.Pandit, Dipti Publications, Pondicherry<i>Chalo Jivanne Madhur Banaviea (Jyoti Thanki, Sri Aurobindo Memorial Trust, Vadodara)</i></p>	25%

Teaching-Learning Methodology	Direct lectures, quizzes, seminars, workshops, tutorials, home assignments, PPTs, use of library resources, guest lectures, verse recitations, prose-writing.
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Develop an Integral perspective of one's life and education.
2.	Develop such attitudes that would allow them to orient their life towards a higher and nobler aim.
3.	Develop such attitudes and abilities which are beyond the subject-centric competencies that would lead to true enrichment of life.

Suggested References:	
Sr. No.	References
1	Early cultural Writings, Sri Aurobindo, Sri Aurobindo Ashram, Puducherry
2	On Education, The Mother, Sri Aurobindo Ashram, Puducherry
3	Four Austerities and Four Liberations, The Mother, Sri Aurobindo Ashram, Puducherry
4	A New Education for New Consciousness, Sri Aurobindo and The Mother, Sri Aurobindo International Centre of Education, Puducherry
5	Swami Vivekananda: His call to the Nation, Swami Vivekananda, Advaita Ashram, Publication Dept, Kolkata, 1999





5	Life Beautiful, M.P.Pandit, Dipti Publications, Puducherry
6	'Sundar Jivan', M.P.Pandit, Dipti Publications, Puducherry
7	<i>Aim of Life</i> , Kireet Joshi, Auroville Press Publishers
8	'Sarvangi Shikshan', Jyotiben Thanki, Sri Arvind Kendra , Gandhinagar
9	'Chalo Jivanne Madhur Banavia', Jyotiben Thanki, Sri Aurobindo Society, Vadodara

On-line resources to be used if available as reference material

On-line Resources

Life enrichment text books (in English) Volume I,II,III available on the university website,
Life enrichment text books (in Gujarati) Volume I,III available on the university website
http://spuvvn.edu/academics/academic_chairs/aurobindo/life_enrichment_course/index.php

This includes Question bank (Volume III in English and Gujarati)

Video lecture series available with the chairperson, Sri Aurobindo Chair of Integral Studies,
Sardar Patel University

